

This Power Point covers:

How can I know my Heavenly Father?

Why is Jesus Christ important to me?

Our YW President asked us to combine these two lessons. They actually went together very well. I referenced the talk by Elder Hales entitled "[Seeking to Know God, Our Heavenly Father, and His Son, Jesus Christ](#)" and that is the basis for the Power Point.

I used this [object lesson from Mormon Share](#). It suggests using pictures of light that we see every day and likening it to the Savior. This is why I like Power points. Instead of printing out pictures I can simply download them into the PP. It saves time and lots of ink!

I also found an article called "I Believe in Christ" from the March 2008 New Era. I have uploaded a copy at the top of this post. It includes numerous short testimonies of Christ from LDS youth. I thought it might help the girls to hear from youth their age. Choose a few and let the girls read them out loud to the class.

The video "[Reclaimed](#)" is wonderful! I hope you all have time to show it during your lesson. I think it gives the girls a very practical look at the power of the atonement. None of us should try to dig up our "old garbage" that the Savior has reclaimed. If you haven't watched it, I highly recommend it.

The image for the handout is fairly simple. I don't want leaders to feel like they have to bake treats or go out and buy something for every lesson. If you can, great, go ahead and attach this image to something fun! The dollar store or party aisle of WalMart/Target has tons of "seek" items...small magnifying glasses, little binoculars, cheap little sunglasses etc. If you want to attach it to candy, great! If you just want to print them and hand them out, that works too!

Have a great lesson!

Jen