[August: Marriage and Family Lesson Outline](https://www.lds.org/youth/learn/yw/marriage-and-family?lang=eng" \o "" \t "_blank)
This lesson was a little less pressure than the first! ;)  Speaking and sharing about Motherhood is not quite as stressful as chastity.  However, there are still some sensitive issues to think about.  I know we are reminded of this but considering individual girl's needs is important!  Single parent homes, parents not sealed in the temple, divorce, adoption, women who are not able to bear children...all of these things can be very painful and we should be sensitive to all the girls needs.  Along with the PowerPoint I played the video "Mother and Daughters."  narrated by M. Russell Ballard  It was such a great visual!

["Mothers and Daughters"](https://www.lds.org/youth/learn/yw/marriage-and-family/prepare?lang=eng" \l "video=a-mothers-hope" \o "" \t "_blank)

At the end of the lesson I gave each girl a letter for their mom and a pen.  We ran out of time so they had to take it home to complete it.  I wanted the letter to have actual questions for them to answer instead of just a plain piece of paper for them to write a letter.  I think sometimes the girls need a bit more structure to help them communicate their feelings. I have uploaded the document as a PDF at the bottom of this post. :)