"How can I make my prayers more meaningful?"  
  
Another lesson that is important for all of us!  I loved reading the talks and watching videos while preparing this lesson.  I used "True to the Faith" as a resource.  I also used [this](https://www.lds.org/new-era/2010/10/how-can-i-make-daily-prayer-more-meaningful?lang=eng" \o "" \t "_blank) talk by Elder D. Todd Christofferson and the 2 talks in the outline by Elder Bednar.  
  
The movie suggestion is great!  It is "Daily Bread" also by Elder D. Todd Christofferson.  I found another video that I loved.  It is President Monson talking about prayer.  You can watch it [here](https://www.lds.org/media-library/video/2011-10-66-president-monson-talks-about-prayer?category=topics/prayer&lang=eng" \o "" \t "_blank).  Either video would definitely bring the spirit.  
  
For the handout I used the opening paragraph from the lesson outline.  I thought it summed up the main message of the lesson very well.    
  
Have a great lesson!